



JoAnn Contorno

has touched more than a million lives in hundreds of organizations during her long career as a motivational speaker and Weight Watchers leader. After finding the Light, she realized that God has been at her side throughout the most difficult challenges she has faced in her own life. After over forty years with Weight Watchers, she felt the calling to make audiences aware that they are not alone in their dark times, He will light their way to a healthy

and more spiritual lifestyle. As an entertainer, comedienne, runner, triathlete, wife, and mother, she addresses her audiences with humor, warmth, and wit.

Ms. Contorno has presented to clubs, organizations, corporations, Catholic women's groups, and other groups throughout the country.

She relies on God-help rather than self-help and encourages others to do the same. Her goal is to help others ignite the light within and find faith-based solutions to life's problems.

Ms. Contorno gets people excited about being an active part of their parish. She is available for keynotes, women's teas, half-day retreats, fund raisers, or other events.

For more information or to order her latest book, *"Out of the Chaos and into the Light"*, visit her website, www.cheerforpassion.com or call (520) 682-4127.

